



PCC - RISK ASSESSMENT FORM

Venue:	Risk Assessor:	Date:
--------	----------------	-------

Step 1	Step 2	Step 3	Step 4	Step 5
What are the hazards	To who	Is the risk adequately controlled and how?	What further action is necessary	Review/ Comments dates
Drowning	Student Coach	All participants to wear buoyancy aid Coach checks buoyancy aids are in good working order Coach ensures buoyancy aids are worn correctly	B/A tested annually inspected before each session.	
Capsize with entrapment	Student Coach	Coach to check equipment (boat and footwear) Coach able to rescue an entrapped capsized paddler	Coach practices rescues frequently	
Capsize	Student Coach	Boats fitted with sufficient buoyancy to float when capsized Coaches trained in emptying boats and rescuing crew Coach checks appropriate craft is used for water conditions Coach checks appropriate activities used for group ability	Coach and student practice capsize & rescue drills frequently	
Hypothermia	Coach Student	Session activities and clothing are appropriate to conditions Session cancelled if clothing/activities are inappropriate to conditions Leaders safety equipment reflects conditions and the group	All coaches hold current first aid certificate	



PCC - RISK ASSESSMENT FORM

Impact injury	Coach Student	Coach to exercise appropriate group control	All coaches hold current first aid certificate	
Inherent risk: blisters, joint injury, sun burn, tendinitis, surfers ear, etc	Coach Student	Coach's safety brief includes dynamic risk assessment Coach promotes safe handling practice Coach first aid qualified Coach carries first aid kit Participants provide details of existing medical conditions Coach warns of exposure to sunlight Coach carries sun bloc	Medical conditions taken on water with coach and next of kin contact details	
Lifting injuries; Including trailers	Coach Student	Coach promotes and uses safe lifting practices	Student rehearses lifting and loading of boats	
Collisions	Coach Student	Group briefed about collision risk with third parties	Club insurance current	
Weather conditions	Coach Student	Session activities and clothing are appropriate to conditions Session cancelled if conditions are inappropriate	Monitor conditions throughout session	